



Jo Schoeman
FRACS, FCS (Urol) SA, MBChB

Pelvic Medicine Centre
St Andrews War Memorial Hospital
Wickham Terrace
Springhill, Brisbane QLD 4000

Ph: 07) 3831-9049
Fax: 07) 3834-4471
E-mail: admin@brisbane-urology.com.au
Emerg: 0403 044 072

Urologist



Dr Jo Schoeman
Specialist Urologist

**PATIENT
INFORMATION
BROCHURE**

***INRAVESICAL
DMSO
THERAPY***



Patient well-being is my first priority!

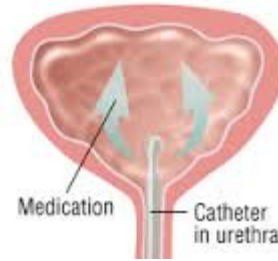
Intravesical DMSO-Therapy

Why is it done?

- Treatment for Advanced or Resistant Painful Bladder Syndrome or “Interstitial Cystitis”

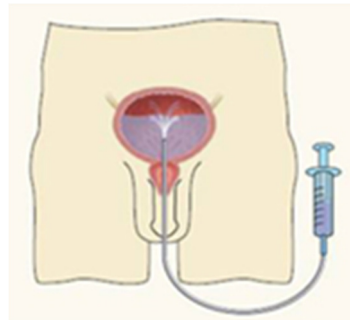
Pre-requirements

- An informed consent is required from the patient .
- Patients are not required to be starved as this is done in the Oncology Ward or Day Procedure Suites (Depending on Hospital)
- You would have had a Urine Dipstick test or Urine Culture (MCS) done a few days prior.
- **Patients allergic to IODINE/CHLORHEXIDINE should clearly state this at pre-admission clinics as well as to theatre staff and Dr Schoeman**
- This is usually a day surgery procedure unless travelling from further than Brisbane
- No need to stop any routine medications.



How is DMSO administered

- A Local anaesthetic gel is administered as for a Urethral Catheterisation procedure
- This is done under sterile procedure.
- A 14-16 Fr Indwelling Catheter is placed into your bladder.
- The DMSO is installed using strict administering criteria
- Usually 1 vial of DMSO will be pre-mixed with Saline to a 50cc volume by a Compound Pharmacist
- The catheter is then removed
- The DMSO is required to stay in your bladder for 15 minutes
- This bladder distention could be painful
- **WARNING: Any Fevers require urgent attention**



What to expect after the procedure

- Some local discomfort may be experienced.
- Your voiding nature will change within the next week
- You may experience some improvement in Chronic Bladder Pain
- You may hopefully experience longer time interval between urination
- Delayed effects would be a urinary tract infection
- NB! Each person is unique and for this reason symptoms may vary!

What next?

- This will be done every week for 6–8 weeks
- Maintenance Protocol may be instituted
- Please don't hesitate to direct all further queries to Dr Schoeman's rooms.



After the procedure?

- You will empty your bladder and the content will be discarded
- You may have a garlick-like smell about you